



PARENTING COURSE – PRIMARY (5-9 YEARS)

The *Primary Years Toolbox* course will **Support** you to develop a strong and loving bond with your child. It will build your confidence as a parent/caregiver. It will help you lay good foundations for the rest of your child's life

The course covers a range of **Topics** including the importance of love and connection, different parenting styles, understanding your child and their big feelings, discipline, boundaries, play and lots more...

The course's six sessions (each 2 h) run over six weeks during **Term 4** on Thursday evenings from 7.15-9.30pm at St Ronan's. The first session is on 18 Oct and the last is on 22 Nov.

Coffee/tea + nibbles are provided

Session 1	18 October	Love is the foundation
Session 2	25 October	Parents
Session 3	1 November	Stronger, deeper, closer
Session 4	8 November	Heart-led parenting
Session 5	15 November	Discipline without shouting, force or fluster
Session 6	22 November	Putting it all together

Register Please email office@stronans.org.nz with your name and phone number. We will reply indicating if you have a place and how to pay (internet banking). Course fees are **\$37.50*** per person or **\$55.00*** per couple (works out at about \$6 or \$9 per session)

***Eastbourne Lions support this project, halving normal fees**

TOOLBOX PARENTING COURSES @ ST RONAN'S

The **Toolbox Parenting Courses** are open to anyone. There are four Toolbox courses:

- (i) **Baby & Toddler** (0-4 years)(Term 3 2018)
- (ii) **Primary** (5-9 years)(**Term 4 2018**)
- (iii) **Intermediate** (9-12 years)(Term 1 2019)
- (iv) **Teenage** (13-18 years)(Term 2 2019)

www.theparentingplace.com/toolbox-parenting-courses